



# LADIES CHOICE

*The Mattapoissett Woman's Club Newsletter*

[www.MattapoissettWomansClub.org](http://www.MattapoissettWomansClub.org)

November 2024  
VOLUME LXIII No. 3

## PRESIDENT'S CORNER

Dear Club Members,

2024 has been a busy year for our Club, and I truly believe that more good things await us. Since January 1 we have had 14 new members join us, with 7 coming into the group since this summer. Our financial year has been highlighted by many successful fundraising events including the Taste of the Town, Pie Sale, Wreath Sale, Tag Sale, Notecards and Postcard Sales, and others. As a result, we can be thankful that we are in excellent financial shape.

A new leadership team met several times over the summer, and all involved seem keen on coming up with new and exciting things to expand and enrich their unique roles in helping the Club to grow and, at the same time, maintain its well-known character. Socially, we have shared good times at three very fun get-togethers, with a fourth coming up in December. There was a first-time ever picnic on a beautiful September day at Ned's Point Park; and the Ladies Who Lunch continued their jaunts to delightful luncheons.

Overall, there has been a very positive reaction to the discussion about the possibility of creating long-needed vision and mission statements for the organization, new and improved events, and civic things we might undertake to make our town even more aware of who we are and what we do. Educationally and philanthropically, we awarded scholarships to three deserving students; financial donations to twelve charitable organizations; as well as several one-time event holders who asked for our support.

Thanks to the Program Committee, we were treated to a remarkable set of fine educational events at our luncheon meetings with more to look forward to in terms of civic participation. Our flowers and floral pieces were appreciated by the citizens of our town and our guests, as were the occasions when we shared the floral centerpieces from our luncheons with individuals who needed some cheering up. Here seems an appropriate place to note that the Garden, Literature, and Walking Groups appreciated our area's cultural and environmental wonders, especially because they shared each other's company on their wonderful outings.

It has been an unusually rough year outside of our little community, what with the terrible strife in the Middle East, the threats laid upon our country by foreign nations and a contentious election coming up this month. Indeed, we are blessed to belong to an organization where we have good and new friends and social times, financial stability, wonderful cultural outings, and civic undertakings that should raise our eyes to the fact that good things do surround us. In addition to our families, we have much to be thankful for this November. May you all have a Happy Thanksgiving as you gather with family and friends, and may you once again give thanks for our long-deceased members who had the vision to form a club of women who today are still together in supporting each other with friendship, creativity, and sharing.

Kate Brown  
*MWC President*



**Kate Brown**  
*President, MWC*

## HOW I GOT TO THE MWC

I first came to Mattapoisett one day in the early 1980's, shortly after I had moved to Massachusetts. Living in Quincy, I resolved to explore the rest of the state, and absent any other plans, I routinely headed off in my car to explore a different part of the state each weekend. One Saturday or Sunday, the date now long forgotten, I headed out for New Bedford and adjacent South Coast towns. After several hours in the Whaling Museum, walking around downtown, and enjoying a harbor cruise, I drove slowly east, taking in the Green Street/ Fort Phoenix area of Fairhaven, and then...Mattapoisett. I thought the town was lovely and seemed part of another era and remember thinking, "I wonder who lives here. Where do they work? What does it take to live in such a magical place and still manage the practical demands of life?"



Time passed and I regularly returned to the South Coast to review theatre for a Plymouth publication. One night in early 1988, I came to the Gateway Playhouse in Wareham and was seated next to Michael Couture, who was reviewing for The Enterprise. We struck up a conversation, and he asked me to join him at the Zeiterion later that week, where he was covering the New Bedford Concert Series. We reviewed many plays and concerts that year, many on the South Coast. Michael was living in Mattapoisett, and he showed me around the town and local environs. We married that November, and he relocated to my cramped Quincy condo while we house-hunted. Nothing we saw felt right for us. Finally realizing that both of us shared an image of our perfect house being in Mattapoisett, I suggested we abandon the more practical search in Metro Boston, "bite the bullet and commute from Mattapoisett." We found our home the following weekend.

We moved in on a rainy, spring day. By the time the movers left, the house was filled with boxes and mud. I remember saying to Michael, "I hope you really, really like this house, because I'm only leaving feet first." I'm still there.

For the first twenty-something years, I commuted to work as a state planner and had little time to engage in town activities. I wore out cars on 495 with an hour-and-a-half commute, but getting home to Mattapoisett was always worth it. I retired in 2015 to spend more time with Michael, whose health was failing. We continued to enjoy the area's theatre and classical music offerings, and I joined the MWC's Great Decisions group. After Michael's death in 2022, I decided it was time to get more involved in the MWC. I joined that spring, and will always treasure the warm welcome I received. An avid reader, I am enjoying being introduced to new authors and styles in the Literature Group. I'm hoping that my neglected garden will be much improved by the seventy-five mixed daffodils I just planted, ordered through the MWC. And Ladies Who Lunch is a favorite monthly outing. Most important of all, I have made many new friends in the group.

~ Diane Brown-Couture, Corresponding Secretary

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## MWC VOLUNTEER OPPORTUNITIES

[ **VOLUNTEER:** a person who freely offers to take part in an enterprise or undertake a task. ]

Be on the lookout for a segment about volunteering opportunities which soon will be appearing on ORCTV, Comcast channel #8 and Verizon #36. If you have a favorite charity that is not mentioned in the TV spot, please give me the details.

~ Mary O'Keefe

## October Luncheon Meeting

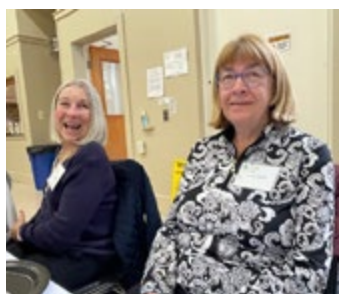
The Mattapoissett Woman's Club met on Thursday, October 17th for a delicious lunch hosted by Susan Perkins and her team of gastronomic magicians, Elaine Botelho, Diane Brown-Couture, Elaine Grant, Kristen Henriques, Beth Inglis, Barbara Jasmin, Kathy McAuliffe, Kristen McCormack, Roberta Oakley, Dottie Schwarz, Maureen St Amand and Ruth Ann Walega. The table settings were Halloween-themed with beautiful floral centerpieces provided by Susan and Sharon Doyon.

After a brief business meeting, we were treated to a fascinating program, titled "Art for your Mind" given by Jill Sandford. Employing both visual and verbal tools, she focused on the art of Massachusetts from the Pilgrims to the present and, as promised, her presentation was engaging, educational and an observational experience designed to broaden the minds of its participants.

Other highlights from the meeting: introduction of six new members, acceptance of reports from officers, updates from committee chairs and a "donation" from Pat Cole on the staff of the Mattapoissett Free Public Library. Please find more details of the story of the quilt on page 4."

~ Cindy Johnson





## “Sisterhood of the Traveling QUILT”

You may recall the lovely, frothy, “coming of age” movie titled “Sisterhood of the Traveling Pants” starring America Ferrera (currently hawking Yoplait), Amber Tamblyn, Blake Lively, and Alexis Bledel (“Gilmore Girls” fame). The story is based on a pair of pants that mysteriously fits all four of the girls, as they are about to go off in different directions in search of adventure and romance.

Our story features a beautiful, handmade quilt left behind at the Mattapoissett Free Public Library by one of the children participating in the summer programs conducted there. Librarian, Pat Cole, rescued the quilt, took it home, carefully washed and dried it and then handed it off to me with the stipulation that it be donated to Gifts to Give. As luck would have it, the quilt was shown-off at the October 17th meeting and a spur-of-the-moment decision was made to conduct a silent auction among the members, thereby maximizing the dollar value. Liz Lynch, an experienced and gifted quilter, offered an opening bid of \$50. There were two additional bids and Geneva Woodruff was highest bidder at \$80. The cash donation was delivered to GTG on Saturday, 10/20. Jim Stevens, CEO, was thrilled and very grateful for the Club’s thoughtful, generous gift!

~ Cindy Johnson

## MWC News & Information

### VETERANS DAY OBSERVANCE

In remembrance of the World War 1 Armistice that was signed by the Allies and Germany on November 11, 1918, at 11 AM, you are invited to gather at the grounds of the Mattapoisett Congregational Church where the ringing of the bells will thank and honor those who served and those currently serving our country.

Lisa Hill will toll the bells at the Church and, at the same time, Ray Andrews, a representative of the American Legion, will toll the bells at Center School. A reading of the Oath of Enlistment will be done by Col. Nancy Souza, a 30-year member of the Massachusetts Army National Guard. This Oath, made by all branches of the military, pledges to uphold the Constitution. Please join us on November 11th.

### NEW DATE FOR GOLF BALL FUNDRAISER

As previously mentioned, Robin LePore has a supply of gently used golf balls found in her yard from her neighboring golf club's errant drives.

They will be for sale at our November 21st Luncheon meeting for \$10 a dozen, a real bargain and a fundraiser for our Club. Not too early for Christmas shopping!

### NOVEMBER 21ST MEETING TEA COMMITTEE

**Hostess:** Myra Hart

**Committee:** Linda Clifford, Kathleen Flaherty Sites, Katherine Gaudet, Aina Holden, Patricia King, Anne Layton, Robin LePore, Eileen Marum, Judith Mercer, Alice Openshaw, Barbara Poznysz, Candee Seeley

Ladies, please refer to pages 40-43 in your Blue Book for helpful information.

### NEW FUNDRAISING FUN WITH THE "KNIT-WITS"

Can you put stickers on cards, can you paste and fold, and stuff envelopes? Can you knit small swatches to make our new line of Greeting Cards and Ornaments? Then please volunteer to help us!

Susan Perkins is heading up the ornaments and Roberta Oakley and Sandy Hering are working on the cards, and there are opportunities for everyone. Please reach out to any of us and we will keep you apprised of the times and places that we will have fun gatherings to get the work done! Our goal is to sell the ornaments and a line of holiday cards at the Wreath Sale on December 7th, so it's coming up fast. Then we'll change the cards to everyday cards and sell them at The Yarn Lady, the new local yarn store in Fairhaven. It's easy to do, just takes time and gals with a good sense of humor to come up with witty sayings. So, join the "Knit-Wits" and have some fun!

*Sandy Hering*

### NOVEMBER MEETING SPEAKER

Our next Luncheon Meeting on November 21st will feature speakers from the Mattapoisett Land Trust. Kristen McCormack, VP of the Land Trust and fellow member of the MWC, will begin the program with an overview of the Land Trust's 50 years of preserving land for the enjoyment for all. This will be followed by the Education Committee Co-Chairs of the Land Trust, Mary Cabral and Wendy Copps, explaining the programs that they are able to offer our public schools to enhance the learning experiences for many students and the free Story Walk programs that they set up on Land Trust Properties.



We hope you will join us for our monthly luncheon meeting on the 21st. Social Hour begins at 11:00.

*Sandy Hering*

## GROUPS SCHEDULES & INFORMATION

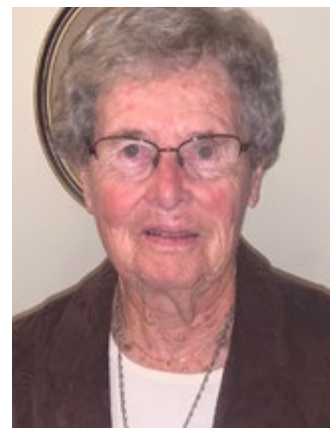
### Literature Group

The Literature Group met on October 9 to discuss *“West with the Night”* by Beryl Markham. The November meetings will be on November 13. The discussion book is *“West with Giraffes”* by Lynda Rutledge.

The Morning Group will meet in the Marine Room at the library at 10 am. The afternoon group will meet at the home of Diane Brown-Couture, 8 Perry Avenue, at 1:00 pm. We hope that as many as possible will be able to attend and look forward to seeing you.

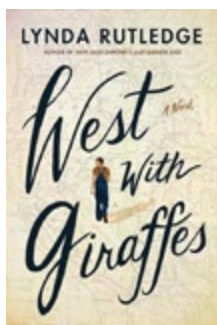
Questions? Contact Peg Olney, [pegolney@verizon.net](mailto:pegolney@verizon.net) or 508-758-2531

~ Peg Olney



**Peg Olney**

Literature Group Chair,  
Ladies Choice Publisher  
1998 - 2018 & Current Editor



*Woodrow Wilson Nickel, age 105, feels his life ebbing away. But when he learns giraffes are going extinct, he finds himself recalling the unforgettable experience he cannot take to his grave.*

*It's 1938. The Great Depression lingers. Hitler is threatening Europe, and world-weary Americans long for wonder. They find it in two giraffes who miraculously survive a hurricane while crossing the Atlantic. What follows is a twelve-day road trip in a custom truck to deliver Southern California's first giraffes to the San Diego Zoo. Behind the wheel is the young Dust Bowl rowdy Woodrow. Inspired by true events, the tale weaves real-life figures with fictional ones, including the world's first female zoo director, a crusty old man with a past, a young female photographer with a secret, and assorted reprobates as spotty as the giraffes.*

*Part adventure, part historical saga, and part coming-of-age love story, West with Giraffes explores what it means to be changed by the grace of animals, the kindness of strangers, the passing of time, and a story told before it's too late.*

### 2024-25 Literature Group Book List

- |          |  |
|----------|--|
| December | “North Woods” by Daniel Mason          |
| January  | “The History of Sound” by Ben Shattuck |
| February | “James” by Percival Everett            |
| March    | “The Winthrop Woman” by Anya Seton     |
| April    | “Trade Wind” by M.M. Kaye              |



### NOVEMBER LUNCHEON MEETING

NOVEMBER 21ST • 11 AM • REYNARD HALL, MATTAPOISETT CONGREGATIONAL CHURCH

## GROUPS SCHEDULES & INFORMATION

### Bridge Group

The October 22nd games at Betty Ann Cannell's home offered some bizarre and challenging hands which made for interesting play. Our next gathering will be at Elaine Grant's on Tuesday, November 12, at 1 PM.



For those of you who have an interest in learning the game or have played in the past and are rusty, we can offer instruction. It's a great way to keep your mind active and socialize. Would love to hear from you. Please contact Elaine Grant at [grant5687@comcast.net](mailto:grant5687@comcast.net)

~ Elaine Grant

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### Knitting & Hand Crafts

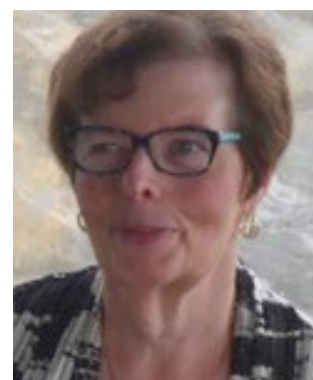
The MWC Knitting and Crafts group held its October meeting at the area's newest yarn shop, The Yarn Lady. It's located at 144 Huttleston Ave in Fairhaven, and is filled with an inspiring array of products for knitters and crocheters.

We worked on our knitted holiday greeting card project, which we plan to sell at this year's Wreath Sale. The cards will have a small, hand-knitted feature with a warm seasonal greeting.

Our next group meeting will be on Thursday, January 23rd, but we will have smaller group gatherings in the interim to work on our card project.

If you are not on the list and would like to join us, please contact Bobbie Oakley at [oakleyr@comcast.net](mailto:oakleyr@comcast.net). We welcome new members; give it a try! Bring your projects and join us for a pleasant, creative and conversational afternoon.

~ Marie Rottler & Bobbie Oakley



**Marie Rottler**

*Knitting & Hand Crafts Chair*



## GROUPS SCHEDULES & INFORMATION

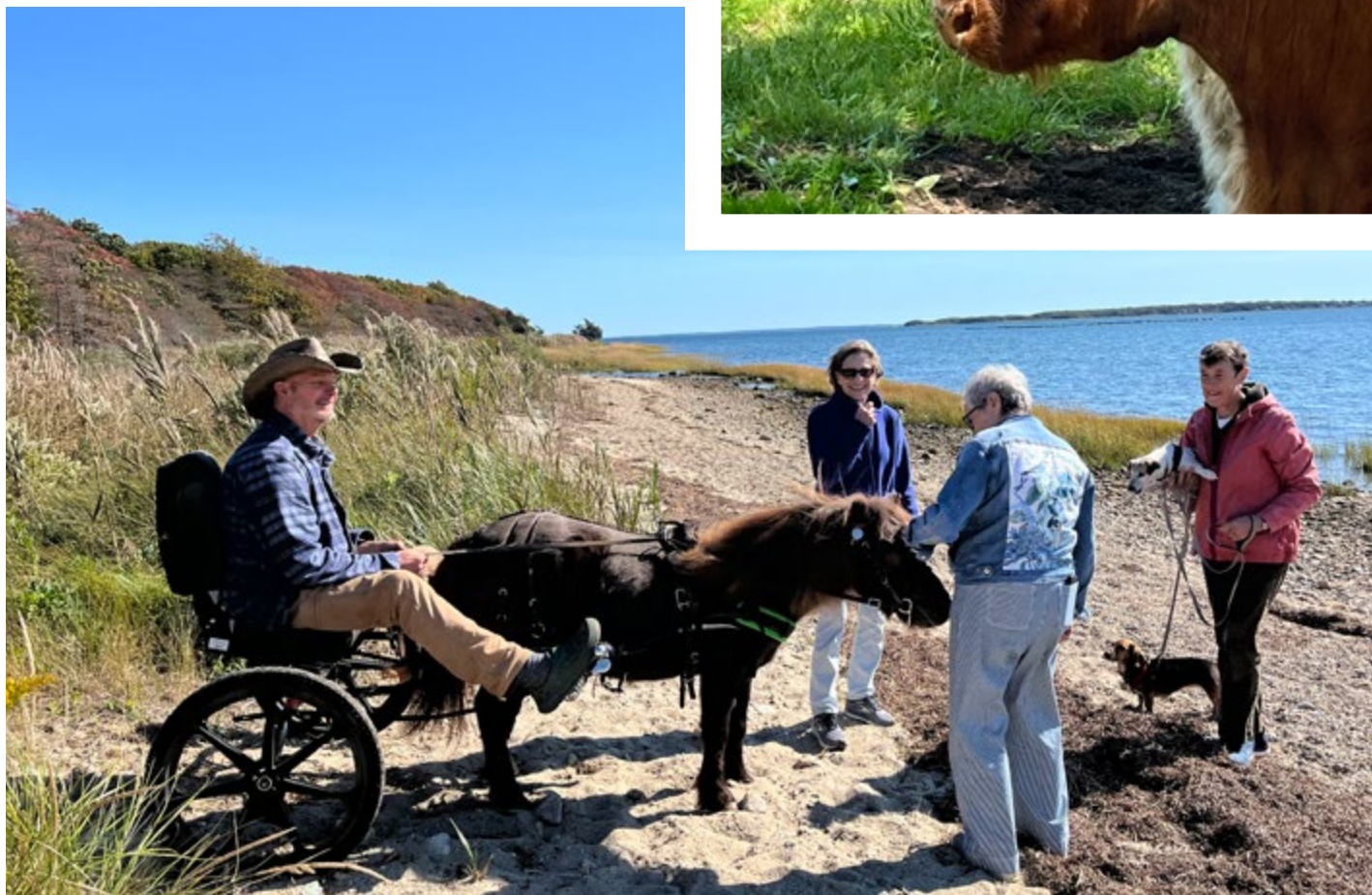
### Walking Group

It's been glorious weather for walking this October. We also are very fortunate to have some beautiful trails right in our own neighborhoods. The Stone Estate in Marion offers paved roads with ocean views. Their Great Hill cows (a.k.a. Scottish Highlands) are pretty interesting, too.

Nasketucket State Reservation in Mattapoisett is always a great walk. You never know who or what may appear. During this walk we were surprised (and pleased) to see a friendly miniature horse, buggy, and driver join us for a brief visit.

We also planned a walk around Mattapoisett Village (always a nice place to be) and a foliage walk along trails in Washburn Park, Marion. All are welcome including dogs, horses, and cows! Contact Sue Mitchell if you would like to join in.

~ Sue Mitchell





## GROUPS SCHEDULES & INFORMATION

### Garden Group

Wednesday, November 6 10:00 am

#### Mattapoisett Library

The MWC Garden Group will meet on November 6 at 10 AM in the Mattapoisett Library meeting room.

Plans are underway for the Wreath and Greens Sale to be held on Saturday, December 7 at 9 AM. Sign-up sheets for workshops and various activities prior to the sale will be available. Wreaths, bows, ornaments, table centerpieces, outside planter logs, boxwood trees and more will be featured at the sale.

New members with an interest in joining the Garden Group are welcome to join us in planning and organizing this annual, successful event. Our Christmas elves are full of camaraderie and spirit of the season!

~ Sharon Doyon



## VICTORIA'S SECRET

Sitting down with a scrumptious selection of goodies provided by Dottie Schwarz & Bobbie Oakley, the Mattapoisett Women's Garden Club gathered on October 2, 2024 to hear invited guest Nancy Masson present an extremely interesting lecture at the Mattapoisett Library. Slides featuring some of her inspired water garden designs and extraordinary propagation techniques for the *Victoria amazonica*, Nancy captivated the well-attended audience of several dozen gardening enthusiasts for over an hour.

A former medical researcher and passionate scientist, Nancy became enthralled with water lilies over 40 years ago. Encouraged by her young son's interest in the plant large enough to stand upon, she traveled to the Amazon in the 1990's to study the DNA of the giant 7-foot diameter water platter. She has since been at the leading forefront of research, propagation, and distribution of this amazing plant. Nancy showed wonderful slides and discussed the fascinating lily from a botanical, sociological, historical, and horticultural perspective. The first published description of the genus was by botanist John Lindley in October, 1837. He named the genus *Victoria* after Queen Victoria. The current name, *Victoria amazonica*, did not come into use until the 20th Century. Nancy and her colleagues have learned so much more about this unique plant in the last 180 years! As she shared her stories of adventure, research, and scientific undertakings to both preserve and build upon others' horticultural knowledge, I couldn't help but be thankful for passionate citizen scientists. And to think, Nancy lives right here in Acushnet- she's another Southcoast gem!

For those who missed the program, but would like to find out more about Nancy or the Amazon lily, one can look on-line at San Francisco Conservatory of Flowers in Golden Gate Park which displays the lily in a Victorian setting - along with a giant replica of her secret admirer, the scarab beetle .

~ Robin Peach



**The Mattapoisett Woman's Club  
5th Annual Holiday Greens Sale  
December 7th 9-1:00 (unless sold out earlier)  
Rain Date - December 8th**



**Featuring  
Decorated Fresh Wreaths, Swags &  
Centerpieces  
Bundled Evergreens, Holly Branches**

**22 County Road/Rte. 6  
Ying's Parking Lot  
Cash, Checks, Credit Cards**

## GROUPS SCHEDULES & INFORMATION

### Social Cocktail Group

**Sunday, December 8 4:00 pm - 6:00 pm**

On Sunday, December 8 from 4:00 pm - 6:00 pm a festive Cocktail Social will be held at the home of Myra Hart, 115 North Street in Mattapoisett.

Please bring your beverage of choice, an appetizer to share and spouse/guest, if you wish.

For this event, please RSVP directly to Myra by email: Myralhart@gmail.com, cell: 1-832-282-5995 or home: 1-508-758-4703. Please do not park on North Street but rather in the driveway or across the street on Winter Hill Road.

We also invite our new members to join in the fun. This is a smaller gathering of MWC members and a wonderful informal way of meeting more new people.

Hope to see you there.

Questions, please contact Linda Clifford 508-207-6572 or email [tilly\\_ralph@hotmail.com](mailto:tilly_ralph@hotmail.com).

~ Linda Clifford



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### Mah Jongg

**Wednesdays, 1:00 pm**

**Council On Aging (COA), 17 Barstow Street**

Our partnership with the Council on Aging continues to thrive. The lessons we've provided have brought more players into the game. We've had three tables of players, all enjoying the game. We're happy to schedule more lessons if there are at least three people who are interested. So, give me a call. We play non-competitively and there are never any partners to disappoint.

Contact Mary Dermody, marydermody@me.com (610) 937-7455,

*NOTE: The general public is welcome and encouraged to attend. Sponsored by Mattapoisett Woman's Club and the Mattapoisett COA*



## GROUPS SCHEDULES & INFORMATION

### Great Decisions

Mattapoissett Woman's Club 2025 Foreign Policy Association Great Decisions Program is on schedule to begin the 3rd Wednesday in January 2025 at the Mattapoissett Library.

The Woman's club is very excited about offering our community an educational opportunity to participate in 2025, the 25th year of the third millennium. With these rich and international world affairs topics we will have plenty to talk about! See *Great Decisions 2025 topics on page 13*.

We have 30 Textbooks, along with the DVD and Teacher's Electronic Edition.

To register please send a check for \$40.00 to:

Mattapoissett Woman's Club  
Box 1444  
Mattapoissett, MA 02739  
Attn: Treasurer

(Memo on check Great Decisions) on a separate paper please print with your Name, Address, Email address, Phone Number (both landline & cell # if available) for the records.

Thank you for your interest in our organization.

~ Ellen P. Flynn



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Dear Club Members,

After 16 years of chairing the dynamic Mattapoissett Woman's Club Great Decisions program, I have decided to step down in hope that other members may be interested in taking on the responsibility.

Under my leadership, I have designed the weekly discussions to educate, encourage debate and uncover policies related to the New York Foreign Policy textbook. Over the years I've invited guest speakers whose field matches the topics for discussion. We've taken field trips and have engaged community leaders and politicians.

Our Great Decision enrollees consist of many faithful tri-town members of varied occupations and backgrounds who support this very vital educational and civic community service. They become global citizens in the discussion groups.

It truly saddens me to leave as chairman after 16 marvelous years, but I look forward to joining again as a participant. Thank you for your support and the many challenging and exciting years we have shared together.

Fondly,

*Ellen P. Flynn*

Past MWC President

[elflynn@vassar.edu](mailto:elflynn@vassar.edu)



**Ellen Flynn**

*Chair of Great Decisions,  
Past MWC President,  
and Director & Chair of  
the Education Committee,  
Mattapoissett Land Trust*

## GROUPS SCHEDULES & INFORMATION

### Great Decisions 2025 Topics

#### **American Foreign Policy at a Crossroads**

This chapter will explore the contours of the U.S. foreign policy debate as it plays out in a world of multiple and escalating crises and domestic polarization.

*Author: G. John Ikenberry*

#### **U.S. Changing Leadership of the World Economy**

What are America's options and opportunities as a leader of the world economy? How will America's "foreign policy for the middle class" and strategic competition with China impact its leadership role? How can the postwar rules and institutions of the world economy be made safe for economic nationalism and great power competition?

*Author: Daniel Drezner*

#### **U.S.-China Relations**

Washington's relations with Beijing. China is the U. S.' preeminent geopolitical challenger and a threat. What are America's strategic options in the face of Chinese power and ambition?

*Author: Thomas J. Christensen*

#### **International Cooperation on Climate Change**

The 2015 Paris Agreement established a UN-sponsored framework for negotiations on climate change and global warming. What is the U.S. role in fostering cooperation on climate change? In a divided country, what are the possible futures for American policy leadership?

*Author: Josh Busby*

#### **The Future of NATO and European Security**

The Uncertainty of European security. Putin's Russia has launched a war with Ukraine on its doorstep, and America's uncertain role as leader of NATO and security provider has been called into question. What are America's stakes in NATO and Europe's strategic dilemmas?

*Author: Kori Schake*

#### **AI and American National Security**

The AI revolution is the leading edge of a larger high-tech revolution which promises to transform the world. How will the AI revolution impact American national security? What are its policy options to secure the benefits of AI and guard against its dangers?

*Author: Julie George*

#### **India: Between China, the West, and the Global South**

India is an emerging major power in world affairs, occupying a pivotal position between China, the United States, and the Global South. What are India's choices and opportunities for regional and global leadership? What opportunities exist for Washington to work with India?

*Author: Leslie Vinjamuri*

#### **After Gaza: American Policy in the Middle East**

The war in Gaza has brought the region to a crossroads. What are the possible outcomes of the war, and how might the United States use its influence to shape a long-term settlement that leaves both Israel and the Palestinians in a better position? How might Arab states in the wider region be brought into a settlement? What are America's interests in the Middle East and how can it advance them?

*Author: Daniel Kurtzer*

## GROUPS SCHEDULES & INFORMATION

### Ladies Who Lunch

BOCCA was a blast! Eight hungry souls set out to find fine food on Wednesday, October 23, and found it at the beautiful BOCCA in familiar Fairhaven! Formerly the Pasta House, you wouldn't recognize the restaurant as the same. The décor was stunning with a lovely ambience, our two servers very attentive, an amazing menu and delicious food. We feasted on shrimp scampi, seafood mornay, chicken parmigiana, pasta al la vodka, fettuccini Florentine, and other yummy, delightful entrees; and then came the eye-popping desserts, all of which made for a perfect ending to a perfect meal.



What made the afternoon so unique was the terrific conversation and many rounds of genuine, heartfelt laughter that we shared over our three-hour long lunch. We finally left BOCCA, each of us with a much-appreciated take-home container, as soon as we noticed that the management was already setting up for dinner! Our lunch at BOCCA was such an outstanding experience that we've decided to go again, this time for Brunch on Sunday, November 17. We'll meet at the restaurant at Noon, so everyone has time for church services. Their prices are very reasonable, and the choices are plentiful – just take a look at BOCCA's Sunday Brunch menu: [www.boccafairhaven.com/sunday-brunch](http://www.boccafairhaven.com/sunday-brunch)

Now think of yourself enjoying the pampering treat of being in a lovely restaurant, mid-day on yet another busy Sunday afternoon with good friends, good food, lively conversation, enjoying good cheer, and then decide that you would like to be there too. Come on! We'll be waiting for you at BOCCA on Sunday, November 17, at Noon.

~ *Kate Brown*

## SAVE THE DATE FOR A FESTIVE HOLIDAY LUNCHEON

THURSDAY, DECEMBER 12, 2024  
at the lovely Wamsutta Club in New Bedford

We'll gather at 11:30 a.m. and lunch will be served at Noon  
Check your e-mails for further details and a reservation form  
which must be returned with payment  
to Lois Ennis by Saturday, December 7th.

## RECIPE CORNER

As evidenced by last spring's questionnaire to the membership, interest was expressed to share recipes. If this idea appeals to you, we would love for you to send your favorite to Elaine Grant [grant5687@comcast.net](mailto:grant5687@comcast.net) for publication in Ladies Choice.

Here's one of my Fall favorites:

### **Apple Walnut Supreme Cake**

Beat at high speed until lemon colored:

- 1 1/3 cup canola oil
- 2 cups sugar
- 3 large eggs

Sift, measure and combine dry ingredients:

- 3 cups flour
- 1 tablespoon cinnamon
- 1 teaspoon baking soda
- 1 teaspoon salt

Stir and mix slowly into wet ingredients

Then slowly mix in:

- 1 teaspoon vanilla
- 3 cups apples, 1/2 inch diced
- 1 cup walnuts, chopped

Pour into bundt or 9x13 greased and floured pan.  
Bake @ 350 for 45-60 minutes. Test for doneness.  
Cool on wire rack before removing cake from pan.

Optional:

Sprinkle with powdered sugar or

Lemon glaze:

- 1 cup 10X sugar
- 1 1/2 tablespoons lemon juice
- 1/2 teaspoon vanilla
- 1 tablespoon corn syrup

ENJOY,

Elaine Grant



## COMPOSTING – What Was Old is New Again

I was talking to Lois Ennis a while ago about Black Earth Compost and curbside kitchen waste pickup. She told me that back in the '50's, people would have a hole dug in their yard, insert a metal container with a tight lid that animals couldn't get into and then it would hold their kitchen waste, and a pig farmer would come around once a week and empty it for pig feed.


Seventy plus years have gone by and here we are trying to find a way to recycle kitchen scraps instead of adding them to a landfill. I was surprised to see an email from Laura at Climate Reality South Coast stating that Fairhaven was going to begin curbside composting. I contacted Tom at Black Earth who confirmed they were beginning a new route from Marion to Fairhaven. I learned that they were signing up households along Rte. 6. I googled how far I live from Rte.6 and found it's half a mile. I was able to sign up for curbside composting –Hurrah!!

I have a small countertop recycling container that I use to collect vegetable scraps, banana peels, eggshells, coffee grounds, etc. But I still had to toss meat, bones, grease, salad dressing and lots of other kitchen waste into the regular trash bag because I didn't want to encourage animals to root through my compost bin in the backyard. Now it ALL goes into the countertop container and then into the bigger, lined compost bin which has a one-time charge. Pick-up is every other week, and the cost is \$89 for a 6-month subscription. As more people subscribe to Black Earth, the cost will be lower. Service can be suspended for 4 weeks or more for seasonal residents. A free bag of compost is offered each spring.

Here's a link to a 3-minute video about the process:

[The Why, What, and How of Composting with Black Earth Compost - YouTube](#)

The first pickup day was Friday, October 18th. I rolled the bin to the curb and went for a bike ride. Before I got back, the truck had come and gone, leaving 2 rolls of large compostable bags to use to line the green bin.

"I'm so excited, I just can't hide it..." 

~ Barb VanInwegen





## Officers

**President**  
Kate Brown

**Vice President**  
Cindy Johnson

**Recording Secretary**  
Deborah Ward

**Corresponding Secretary**  
Diane Brown-Couture

**Treasurer**  
Beth Inglis

**Assistant Treasurer**  
Lois K. Ennis

**Board of Directors**  
2025 Linda Clifford  
2026 Roxanne Bungert  
2027 Sandra Hering

## Standing Committees

### Members of Executive Board

#### Publicity

Bethany Cuoto

**Facebook** Cindy Turse  
**Ladies' Choice** Elaine Grant  
**Proofreader** Peg Olney  
**Website** Kate Brown

#### Ladies' Choice Publisher

Debra Nettles

#### Photographer

Ann Tisdale

#### Hospitality

Erin Burlinson

#### Program

Eileen Marum  
Gail Roberts

#### Historian

Gail Roberts

#### Membership Committee

Sharon Doyon  
Dottie Schwarz

## Special Committees

### Great Decisions

Open

### Greetings & Remembrances

Linda Clifford

### Scholarship Committee

2024-2025 Jan Hubley  
2025-2026 Alice Openshaw  
2026-2027

Diane Brown-Couture

### Audit Committee

2024 Marianne Hickey  
2025 Sherry Hoines  
2026 Sue Mitchell

### Technology, Data & History Storage

Sandy Hering  
Beth Inglis  
Gail Roberts  
Blaise Simpson

### Ad Hoc Community

#### Engagement

Katherine Gaudet  
Sandy Hering  
Cindy Johnson  
Kristen McCormack  
Kate Brown

## Social Activities

### Bridge

Elaine Grant

### Garden Group

Cindy Turse

### Knitting & Hand Crafts

Marie Rottler

### Ladies Who Lunch

Kate Brown

### Literature Group

Peg Olney

### Mah Jongg

Mary Dermody

### Social Cocktail Group

Open

### Walking Group

Sue Mitchell

Join our  
**FACEBOOK Group**  
to keep informed of all  
**MWC news & events!**



**JOIN NOW!**

